



DiSC® - Team Dynamics Seminar



Curriculum Overview

- completely customizable to Client needs

Timing

Full-day seminar and so 340 minutes of learning (assuming 2 x 10min breaks and 1x 60min lunch)

Core Objectives

- For Participants to learn the DiSC® model and be able to identify their style and explore the priorities that drive them during the workday.
- For Participants to discover the similarities and differences among the DiSC® styles.
- For Participants to discover their reactions to different DiSC® styles and better understand how to work with each style.
- For Participants to practice using DiSC® to build more effective relationships at work.
- For Participants to write an action plan for building more effective relationships.

Outline*

Module	Title	Time
Module 1	Introductions, Objectives and Ground Rules	15 minutes
Module 2	Discovering Your DiSC® Style	110 minutes
Module 3	Understanding Other Styles	60 minutes
Module 4	Building More Effective Relationships	70 minutes
Module 5	Team Strategy and Commitments	75 minutes
Module 6	Summary, Additional Resources and Evaluations	10 minutes

*10mins AM break in middle of Module 2

*60mins Lunch after Module 3

*10mins PM break after Module 4

Module Summaries

Module 1 - Introductions, Objectives and Ground Rules (15 minutes)

Objective: Participants feel welcome to the seminar with all potential distractions removed (wondering about subjects, cell phone usage and breaks etc). Participants sense a safe learning environment that is collegial, interactive and purposeful. This section will include a brief overview of the seminar objectives.

Lesson 1	Introductions	5 minutes
Lesson 2	Objectives	5 minutes
Lesson 3	Ground Rules	5 minutes

Module 2 - Discovering Your DiSC® Style (110 minutes)

Objective: For Participants to learn about the DiSC® model and the *Everything DiSC Workplace* map; to identify their style and explore the priorities that drive them during their workday; and lastly to discover the similarities and differences among the DiSC® styles.

Lesson 1	The DiSC® Framework	35 minutes
Lesson 2	Style Priorities: Motivators and Stressors	45 minutes
Lesson 3	Style Characteristics	30 minutes

*10mins break after Module 2

Module 3 - Understanding Other Styles (60 minutes)

Objective: For Participants to discover their reactions to different DiSC® styles; to identify what works for them and what is challenging when working with each style; and lastly to use the DiSC® model to understand the people they work with.

Lesson 1	"Choose Your Coworker"	30 minutes
Lesson 2	Understanding Other Styles and Common Perceptions	30 minutes

*60mins Lunch after Module 3

Module 4 - Building More Effective Relationships (70 minutes)

Objective: For Participants to learn how others have bridged their differences using DiSC®; to practice using DiSC® to build more effective relationships at work; and lastly to write an action plan for building more effective relationships

Lesson 1	Strategies for Working with Others	30 minutes
Lesson 2	Personalized Strategies for Effective Relationships	20 minutes
Lesson 3	Action Planning for Effective Relationships	20 minutes

*10mins PM break after Module 4

Module 5 - Team Strategies and Commitments (75 minutes)

Objective: For Participants to work as a team to identify how to bridge differences in style preferences and priorities; to adapt their approach and to accommodate the preferences of others; and lastly to appreciate and empathize with others.

Lesson 1	Utilize the Everything DiSC Workplace Style Guide	10 minutes
Lesson 2	Share: Team Strategies	65 minutes

Module 6 - Summary, Additional Resources and Evaluations (10 minutes)

Objective: The learning is summarized and additional resources are recommended to the Participants, who share key learnings and evaluate the practical benefits of the seminar.

Lesson 1	Summary and Additional Resources	5 minutes
Lesson 2	Evaluations	5 minutes